附件： 体能测试标准

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|  项目 标准成绩 | 男生10米×4往返跑（50%) | 男生立定跳远（米）(50%） | 女生10米×4往返跑（50%) | 女生立定跳远（米）(50%） |
| 100 | 9"2 | 2.50 | 10"2 | 2.10 |
| 99 | 9"3 | 2.49 | 10"3 | 2.09 |
| 98 | 9"4 | 2.48 | 10"4 | 2.08 |
| 97 | 9"5 | 2.47 | 10"5 | 2.07 |
| 96 | 9"6 | 2.46 | 10"6 | 2.06 |
| 95 | 9"7 | 2.45 | 10"7 | 2.05 |
| 94 | 9"8 | 2.44 | 10"8 | 2.04 |
| 93 | 9"9 | 2.43 | 10"9 | 2.03 |
| 92 | 10"0 | 2.42 | 11"0 | 2.02 |
| 91 | 10"1 | 2.41 | 11"1 | 2.01 |
| 90 | 10"2 | 2.40 | 11"2 | 2.00 |
| 89 | 10"3 | 2.39 | 11"3 | 1.99 |
| 88 | 10"4 | 2.38 | 11"4 | 1.98 |
| 87 | 10"5 | 2.37 | 11"5 | 1.97 |
| 86 | 10"6 | 2.36 | 11"6 | 1.96 |
| 85 | 10"7 | 2.35 | 11"7 | 1.95 |
| 84 | 10"8 | 2.34 | 11"8 | 1.94 |
| 83 | 10"9 | 2.33 | 11"9 | 1.93 |
| 82 | 11"0 | 2.32 | 12"0 | 1.92 |
| 81 | 11"1 | 2.31 | 12"1 | 1.91 |
| 80 | 11"2 | 2.30 | 12"2 | 1.90 |
| 79 | 11"3 | 2.29 | 12"3 | 1.89 |
| 78 | 11"4 | 2.28 | 12"4 | 1.88 |
| 77 | 11"5 | 2.27 | 12"5 | 1.87 |
| 76 | 11"6 | 2.26 | 12"6 | 1.86 |
| 75 | 11"7 | 2.25 | 12"7 | 1.85 |
| 74 | 11"8 | 2.24 | 12"8 | 1.84 |
| 73 | 11"9 | 2.23 | 12"9 | 1.83 |
| 72 | 12"0 | 2.22 | 13"0 | 1.82 |
| 71 | 12"1 | 2.21 | 13"1 | 1.81 |
| 70 | 12"2 | 2.20 | 13"2 | 1.80 |
| 69 | 12"3 | 2.19 | 13"3 | 1.79 |
| 68 | 12"4 | 2.18 | 13"4 | 1.78 |
| 67 | 12"5 | 2.17 | 13"5 | 1.77 |
| 66 | 12"6 | 2.16 | 13"6 | 1.76 |
| 65 | 12"7 | 2.15 | 13"7 | 1.75 |
| 64 | 12"8 | 2.14 | 13"8 | 1.74 |
| 63 | 12"9 | 2.13 | 13"9 | 1.73 |
| 62 | 13"0 | 2.12 | 14"0 | 1.72 |
| 61 | 13"1 | 2.11 | 14"1 | 1.71 |
| 60 | 13"2 | 2.10 | 14"2 | 1.70 |
| 59 | 13"3 | 2.09 | 14"3 | 1.69 |
| 58 | 13"4 | 2.08 | 14"4 | 1.68 |
| 57 | 13"5 | 2.07 | 14"5 | 1.67 |
| 56 | 13"6 | 2.06 | 14"6 | 1.66 |
| 55 | 13"7 | 2.05 | 14"7 | 1.65 |
| 54 | 13"8 | 2.04 | 14"8 | 1.64 |
| 53 | 13"9 | 2.03 | 14"9 | 1.63 |
| 52 | 14"0 | 2.02 | 15"0 | 1.62 |
| 51 | 14"1 | 2.01 | 15"1 | 1.61 |
| 50 | 14"2 | 2.00 | 15"2 | 1.60 |
| 49 | 14"3 | 1.99 | 15"3 | 1.59 |
| 48 | 14"4 | 1.98 | 15"4 | 1.58 |
| 47 | 14"5 | 1.97 | 15"5 | 1.57 |
| 46 | 14"6 | 1.96 | 15"6 | 1.56 |
| 45 | 14"7 | 1.95 | 15"7 | 1.55 |
| 44 | 14"8 | 1.94 | 15"8 | 1.54 |
| 43 | 14"9 | 1.93 | 15"9 | 1.53 |
| 42 | 15"0 | 1.92 | 16"0 | 1.52 |
| 41 | 15"1 | 1.91 | 16"1 | 1.51 |
| 40 | 15"2 | 1.90 | 16"2 | 1.50 |
| 39 | 15"3 | 1.89 | 16"3 | 1.49 |
| 38 | 15"4 | 1.88 | 16"4 | 1.48 |
| 37 | 15"5 | 1.87 | 16"5 | 1.47 |
| 36 | 15"6 | 1.86 | 16"6 | 1.46 |
| 35 | 15"7 | 1.85 | 16"7 | 1.45 |
| 34 | 15"8 | 1.84 | 16"8 | 1.44 |
| 33 | 15"9 | 1.83 | 16"9 | 1.43 |
| 32 | 16"0 | 1.82 | 17"0 | 1.42 |
| 31 | 16"1 | 1.81 | 17"1 | 1.41 |
| 30 | 16"2 | 1.80 | 17"2 | 1.40 |
| 29 | 16"3 | 1.79 | 17"3 | 1.39 |
| 28 | 16"4 | 1.78 | 17"4 | 1.38 |
| 27 | 16"5 | 1.77 | 17"5 | 1.37 |
| 26 | 16"6 | 1.76 | 17"6 | 1.36 |
| 25 | 16"7 | 1.75 | 17"7 | 1.35 |
| 24 | 16"8 | 1.74 | 17"8 | 1.34 |
| 23 | 16"9 | 1.73 | 17"9 | 1.33 |
| 22 | 17"0 | 1.72 | 18"0 | 1.32 |
| 21 | 17"1 | 1.71 | 18"1 | 1.31 |
| 20 | 17"2 | 1.70 | 18"2 | 1.30 |
| 19 | 17"3 | 1.69 | 18"3 | 1.29 |
| 18 | 17"4 | 1.68 | 18"4 | 1.28 |
| 17 | 17"5 | 1.67 | 18"5 | 1.27 |
| 16 | 17"6 | 1.66 | 18"6 | 1.26 |
| 15 | 17"7 | 1.65 | 18"7 | 1.25 |
| 14 | 17"8 | 1.64 | 18"8 | 1.24 |
| 13 | 17"9 | 1.63 | 18"9 | 1.23 |
| 12 | 18"0 | 1.62 | 19"0 | 1.22 |
| 11 | 18"1 | 1.61 | 19"1 | 1.21 |
| 10 | 18"2 | 1.60 | 19"2 | 1.20 |
| 9 | 18"3 | 1.59 | 19"3 | 1.19 |
| 8 | 18"4 | 1.58 | 19"4 | 1.18 |
| 7 | 18"5 | 1.57 | 19"5 | 1.17 |
| 6 | 18"6 | 1.56 | 19"6 | 1.16 |
| 5 | 18"7 | 1.55 | 19"7 | 1.15 |
| 4 | 18"8 | 1.54 | 19"8 | 1.14 |
| 3 | 18"9 | 1.53 | 19"9 | 1.13 |
| 2 | 19"0 | 1.52 | 20"0 | 1.12 |
| 1 | 19"1 | 1.51 | 20"1 | 1.11 |